The Mountains to Sound Greenway encompasses a world-class regional trail system. The vision is that a walker or bicyclist could travel, for recreation or as a commuter, on safe, enjoyable, non-motorized trails, connecting Puget Sound urban areas, the Cascade Mountains and Central Washington State.

Missing links in this regional system are some of the most difficult to fill, and require ongoing, dedicated effort. This map is meant to encourage ways to complete trail connections, creating a magnificent legacy for all ages and into the future.

The information included on this map has been compiled from various sources and is subject to change without notice. While not guaranteed, every attempt has been made to present the information accurately and completely. February 2021.
Greenway Regional Trails

A key Mountains to Sound Greenway goal is to have a fully connected regional trail system across the entire landscape. For the Mountains to Sound Greenway Trail along Interstate 90, the Greenway Trust selected as a catalyst for action to finalize this route. For the extended network within the Greenway landscape, the Greenway Trust supports partners and promotes opportunities and successes.

Mountains to Sound Greenway Regional Trail

1. Mountains to Sound Greenway Trail, Seattle

- 5.5 miles - From Seattle waterfront to Beacon Hill and existing I-90 Trail. Seattle DOT and WSDOT have made improvements to the Seattle waterfront and the wide sidewalk trail near the sports stadiums, over I-5, to Beacon Hill. Seattle DOT and WSDOT constructed phase 1 in 2011, which connects the I-90 Trail to a new trail through Dr. Jose Rizal Park and a crossing over I-5 at an existing overpass at South Holgate Street. Future plans, highlighted in the Seattle Bicycle Master Plan, include crossing I-5 farther north, near Jose Rizal and the International District, to make a more direct connection to downtown Seattle.

Action: Seek funding for additional connections across I-5.

Who: SDOT, WSDOT, Seattle Bicycle Advisory Board, Cascade Bicycle Club.

2. Mountains to Sound Greenway Trail

- 3.6 miles - From the east end of the I-90 Greenway Trail at the I-90/405 interchange, through Factoria, to east end of Bellevue city limit. The Greenway Trust secured the original National Scenic Byways grant in 2011 for construction of a new trail on the south side of Interstate 90 through the densely-populated Eastgate neighborhood.

Funding has been allocated from the City of Bellevue, Puget Sound Regional Council, and the Washington State Legislature in order to break ground in 2020 on the first segment, which includes a bridge over Factoria Creek to separate bicyclists and walkers from automobiles, a tunnel under existing freeway ramps, and a path heading eastward to 132nd Avenue SE. The second phase of construction, from 132nd to 142nd Place SE, is scheduled to be complete in 2021. Additional phases will build a trail all the way to Lakemont Boulevard and Issaquah.

Action: Seek transportation funding for future phases of construction for this critical gap.

Who: City of Bellevue, Washington State Department of Transportation, Washington State Legislature

Issaquah to East Lake Sammamish Gap

- 1 mile - From I-90 to E Lake Sammamish Pkwy and East Lake Sammamish Trail.

South of I-90, City of Issaquah has installed 5-foot bike lanes along both sides of Newport Way, as well as a separated walking path, from the Issaquah/Bellevue border at Lakemont Boulevard to SR900.

Action: Future vision is to develop a safe, user-friendly and true multi-use, grade separated trail along the north right of way of Newport Way. And King County is working to fully pave the East Lake Sammamish Trail.

Who: City of Issaquah, City of Sammamish, King County

High Point to Preston Gap

- 0.75 miles - The High Point to Preston Trail, which runs north of I-90 from Exit 20 and heads east, to just west of Preston where paved Preston to Snoqualmie Trail begins. WSDOT built 1.25 miles of new trail in 2010 to partially close this gap between High Point and Preston. Proximity to East Fork Issaquah Creek and I-90 presented a challenge to the construction. This new separated trail segment connects trails from Issaquah and greater Puget Sound on the west to the community of Preston on the east. Funding came from the Washington State Legislature and WSDOT. King County Roads filled the remaining gap of 0.75 miles with a working on the south side of High Point Way.

Action: Pave the trail from Issaquah to Preston.

Who: WSDOT, King County

Preston to Snoqualmie Ridge Gap

- 2.6 miles - Connecting the Preston community to the SR 18/190 interchange at Snoqualmie Ridge.

Action: Create conceptual plan and develop route options.

Who: WSDOT, King County, WADNR, City of Snoqualmie

Extended Regional Trail Network

6. Snoqualmie Falls Gap

- 2 miles - From end of Preston-Snoqualmie Trail on Lake Alice Plateau to Snoqualmie Valley Trail just east of Snoqualmie Falls. King County, the City of Snoqualmie and other partners are exploring this gap as part of this project.

Action: Develop route options.

Who: King County, City of Snoqualmie, Snoqualmie Tribe, Northwest Railway Museum

7. Snoqualmie Mill Gap

- 1 mile - The Snoqualmie Valley Trail serves as a backdoor route for transportation and recreation in the valley. Partners under the Savor Snoqualmie Valley banner are working to connect towns and main businesses to trail users through adding trail infrastructure and installing wayfinding signs.

Action: Plan, fund and build this connection.

Who: King County, City of Snoqualmie and private landowners.

8. Historic Railway Tunnels

Action: Seek funding for additional connections across I-5.

Who: SDOT, WSDOT, Seattle Bicycle Advisory Board, Cascade Bicycle Club.

9. Cle Elum Gap

- 1 mile - Connect the Coal Mines Trail to the cross-state Palouse to Cascades State Park. An extension of the Coal Mines Trail will need to cross under I-90, over the BNSF railroad tracks and the Yakima River, and through South Cle Elum to the John Wayne Pioneer Trail.

Action: Secure crossings and acquire right-of-way through South Cle Elum.

Who: Coal Mines Trail Committee and South Cle Elum, Washington State Parks, Arlington Northern Santa Fe Railroad, WSDOT, Kittitas County

10. Eastrail

The Eastrail provides 42 miles on the east side of Lake Washington, from Renton to Snohomish County, connecting communities to light rail and transition options, to greenspace, and to each other. Gaps are being filled across multiple jurisdictions to create a fully-connected corridor that will transform active transportation east of Lake Washington.

Accomplishments:
- Port of Seattle acquired the East Side Rail Corridor in 2019, bringing nine governmental entities together through different ownership to create a vision for the 42-mile Eastrail.
- Multiple sections of trail have opened, including Cross Kirkland Corridor in 2015, Redmond Central Connector in 2017, and 4 miles of interim trail between Gene Coulon Park in Renton and Newcastle Beach Park in Bellevue in 2018.
- In 2020, Eastrail Partners was launched as the nongovernmental entity catalyzing and unifying the Eastrail corridor.
- Private sector has stepped into supporting a fully connected Eastrail, including direct investment in the trail by Kaiser Permanente, REI Co-op and Facebook.

Action: Future connections include passage over I-405 and NE 8th Streets and the historic Wilburton Trestle in Bellevue; a future Lake connection in Kirkland to Redmond; and connections to other regional trails, including the Mountains to Sound Greenway Trail, SR 520 Trail, the Sammamish River Trail and East Lake Sammamish Trail.

Who: Eastrail partners

11. Redmond Puget Sound Energy Trail Extension

Connect the Puget Sound Energy corridor trails through Redmond and through the Redmond Watershed Preserve. City of Redmond and Puget Sound Energy will continue to work with landowners to secure easements.

12. SR 900 Trail

- 3.5 miles - The proposed Cedar River - Sammamish Trail is planned parallel to SR 900, south of I-90. The City of Issaquah and WSDOT constructed a pedestrian/multiple-use trail bridge adjacent to the I-90 overpass at exit 15 to cross I-90. A segment of this trail was built between I-90 and the Talus development. Future plans should connect new Issaquah area trail segments south from Talus to the Cedar River Trail.

13. SR 18 Trail

Build trail along SR 18 between Maple Valley and Snoqualmie. WSDOT could design and build this King County priority trail.

14. Toll Pipeline Connector and Toll River Trail

Build WSDOT’s proposed Toll River Trail to potential Toll River Trail. Build trail from Carnation east along Toll River, to connect back to Toll Pipeline.

15. Interturban Trail North

Connect Interturban Trail through Shoreline and to Seattle regional trails. Much of the original Interturban right-of-way through North Seattle has been privatized, resulting in signed road routes for bicyclists. Seattle Neighborhood Greenways may help to create safe, off-road connections.

SDOT completed Linden Avenue cycle track from 14th to 128th in 2013.

16. Pacific Crest to Palouse to Cascades Trail

Develop trail access between Pacific Crest Trail and Palouse to Cascades State Park so east-west hikers can connect to the north-south Pacific Crest. Palouse to Cascades travels through the 2.3-mile Snoqualmie Tunnel underneath Snoqualmie Pass. The Pacific Crest Trail runs high above.

17. Ellensburg - City to Canyon Trail

The City to Canyon Trail, an extension of the John Wayne Pioneer Trail to the Yakima River Greenway, connecting parks, supporting wildlife corridors, and providing access to the scenic Yakima River. The City of Ellensburg City-to-Canyon Trails Committee has conceptualized a non-motorized trail that will need to travel through public and private lands linking the cross-state rail trail to Irene Rinehart Riverfront Park and the mouth of the Yakima River Canyon at Helen McCabe State Park.

18. Renton trails

Connect the Lake Washington Trail to the Cedar River Trail. The City of Renton recently built a section of trail from Gene Coulon Memorial Park, heading south along Logan Avenue North. Future plans include extension of a trail to the Cedar River, as well as trails around both sides of Lake Washington. Also, the planned Lake to Sound Trail will connect the southern tip of Lake Washington to Puget Sound in Des Moines.

19. Duvall Extension

In 2018, King County and City of Duvall extended the Snoqualmie Valley Trail north of Duvall, to Taylor Park and boat launch. Trail right-of-way, with partial ownership by the respective County Parks, exists north to Monroe, which could allow a potential future connection to the Interturban Trail. Snohomish County has plans and funding to construct the trail from Monroe, south to county line.

20. SR 520 Trails

The new SR 520 bridge opened in 2016 over Lake Washington brings new trail connections in Seattle on the west side and Redmond on the east. WSDOT and the cities of Seattle and Redmond plan to fully connect trails from the new bridge into adjacent communities.

21. Seattle - Burke-Gilman Completion

The final stretch of the Burke-Gilman Trail in Ballard, between 11th Avenue NW and NW 45th Street, and 30th Avenue NW and NW 54th Street. City of Seattle is in litigation regarding the trail route along a working freight railroad. Once legal obstacles are overcome, funding is in place and City of Seattle will build the trail connector to fill this important missing link.