



MOUNTAINS TO SOUND RELAY PROMISES LARGEST SHOWING TO DATE

3rd Annual Relay Race Raises Funds and awareness for the Mountains to Sound Greenway on June 29th

SEATTLE, WA, June 10, 2008 – The Mountains to Sound Greenway Trust and CityLeague Sports today announced the 5-leg Mountains to Sound Relay has increased participation 30% over last year, drawing the largest number of athletes to date. With 75 Iron Solo racers, 35 Pairs teams and 120 5-6 member teams, the 3rd annual relay race expects well over 1000 competitors.

The Mountains to Sound Relay, a Greenway Days event run in partnership with CityLeague Sports, has contributed over \$25,000 and raised awareness to support the Mountains to Sound Greenway, a 100 mile National Scenic Byway from Puget Sound in Seattle to Central Washington along I-90. Through the conservation, environmental restoration, trail maintenance and education efforts of the Mountains to Sound Greenway Trust and its corps of 4,000 annual volunteers, this scenic landscape now includes 750,000 acres of public land, 1,600 miles of recreational trails, and hundreds of lake, campgrounds, museums and farms for area residents and visitors to enjoy year-round. This year, the relay will contribute another \$12,500 to the Greenway!

“The money raised from this race supports our ability to enjoy the history, culture and recreation of the Greenway’s pristine natural setting,” said Greenway Trust Board Member and King County Executive Ron Sims. “That natural setting is part of why we have such a great quality of life in this region, so it’s wonderful to see that this Greenway Days event has grown every year and is well on its way to becoming one of the premiere relay races on the West Coast. This event is an example of how we can all help preserve and maintain our beautiful greenway by simply getting out and enjoying it.”

“The dramatic year over year growth of the Relay demonstrates the Seattle-area’s commitment to fitness and nature, and is in line with the national trend of increased participation in extreme team sporting events,” remarked Chris Lewis, CityLeague owner and operator. “We are pleased to be bringing such an exciting event to the Seattle area.”

The Mountains to Sound Relay offers a 22 mile mountain bike ride on the John Wayne Pioneer Trail starting at Snoqualmie Pass, a 50 mile road bike leg through the Snoqualmie Valley, a 12 mile kayak through the Sammamish Slough, a half marathon, and a 6-mile run ending at Golden Gardens Park in Seattle.

In addition to the Relay, Greenway Days, held from June 28-29 will host over 25 events in communities from Cle Elum to Seattle along I-90 in celebration of the Mountains to Sound Greenway. Teams and individuals interested in participating in the relay can find more information at mountainstosound.com. For information about Greenway Days, visit mtsgreenway.org.

ABOUT THE MOUNTAINS TO SOUND GREENWAY TRUST

The 100-mile Mountains to Sound Greenway connects natural areas, trails, working farms and forests, historic towns, wildlife habitat and recreation opportunities just outside Washington’s largest metropolitan area. The Greenway provides easy access to recreation and nature for millions of people in the Northwest. The Greenway portion of I-90 was the first interstate highway in the nation to be designated a National Scenic Byway.

The Mountains to Sound Greenway Trust is a nonprofit conservation organization established in 1991 to protect the Interstate 90 corridor between Seattle and Central Washington. The Greenway Trust works to promote public land acquisitions, connect a continuous regional trail system, teach people of all ages about the importance of conserving forests and wildlife, improve recreation access, create new parks and trails and mobilize thousands of volunteers.

ABOUT CITYLEAGUE SPORTS

CityLeague Sports produces the largest adult team ski racing program in the US at the Snoqualmie Summit Ski Areas. Previous summer events have included Seafair Triathlons, The Torchlight Run and The Bank to Bank 8K commemorating the opening of the I-90 Bridge. The Mountains to Sound Relay is in association with Race Director Scott McCoubrey and the Seattle Running Club.

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FOR MORE INFORMATION: mtsgreenway.org

Press releases can be found at: <http://www.mtsgreenway.org/newsandpublications/pressroom>

Photos are available upon request.